LIST OF CLAIMS

1. (Currently Amended) A method for activating adenosine triphosphate (ATP) synthesis comprising the step of administering to a patient an effective amount of a mixture of herbs having an ion-exchange capacity ~~as an active ingredient~~.

2. (Original) The method of claim 1, wherein the mixture generates electrons in said patient's body to give an oxidation-reduction potential of -300mV or less.

3. (Currently Amended) A ~~The~~ method ~~of claim 1~~ for activating adenosine triphosphate (ATP) synthesis comprising the step of administering to a patient an effective amount of a mixture of herbs having an ion-exchange capacity as an active ingredient, wherein the herbs are selected from a group consisting of thyme, rosemary, turmeric, fennel, ~~grape seeds,~~ dandelion and *Acanthopanax senticosus*.

4. (Currently Amended) The method of claim 1, wherein an effective amount of the ~~adenosine triphosphate synthesis activator~~ mixture is within a range of 5.5 mg to 17.5 mg per kg of body weight.

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5. (New) A method for activating adenosine triphosphate (ATP) synthesis comprising the step of administering to a patient an effective amount of an ATP synthesis activator comprising, as an active ingredient, a mixture of herbs containing 8-12% by weight of thyme, 8-12% by weight of rosemary, 8-12% by weight of turmeric, 13-17% by weight of fennel, 13-17% by weight of grape seeds, 8-12% by weight of dandelion, and 25-35% by weight of *Acanthopanax senticosus*, based on the total weight of the mixture which is set to 100% by weigh.

6. (New) The method of claim 5, wherein the activator generates electrons in said patient's body to give an oxidation-reduction potential of -300mV or less.

7. (New) The method of claim 5, wherein an effective amount of the activator is within a range of 5.5 mg to 17.5 mg per kg of body weight.

8. (New) The method of claim 1, wherein the administration is an oral or parenteral administration.

9. (New) The method of claim 5, wherein the administration is an oral or parenteral administration.